

# REFERRAL FROM YOUR DOCTOR'S OFFICE

Referral to



**800.632.3532**

**[www.epilepsynorcal.org](http://www.epilepsynorcal.org)**

Follow-up Appointment

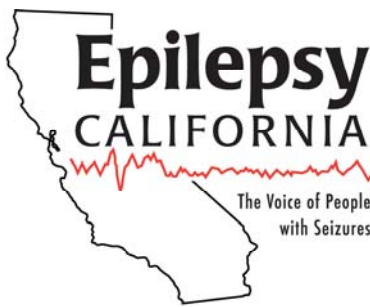
Other:

The Epilepsy Foundation of Northern California offers

- Helpline for Individual Support (information & referral)
- Groups for Support, Education or Resources
- Epilepsy Kids Camp (Camp Coelho)
- Public Awareness Program
- Film Loan Library and Education Materials
- Quality of Life Seminars
- Epilepsy Conferences
- Social activities to connect families
- Presentations on 'Seizure Recognition and First Aid'
- School Nurse Training: 'Managing Students with Seizures'
- Epilepsy ID bracelets/necklaces
- Newsletter 'The Candlelighter'
- Scholarships for Camps and Conferences
- The Epilepsy Foundation of Northern California collaborates with the other Epilepsy Foundations in California for statewide advocacy initiatives under EPILEPSY CALIFORNIA (see over)

*The Epilepsy Foundation of Northern California is also pleased to support epilepsy research.*

*Your physician is proud to partner with the Epilepsy Foundation of Northern California to help you obtain epilepsy education, resources and services, connect you with others, and aid in your quest for a better life.*



## Important Policy Issues

[www.EpilepsyCalifornia.org](http://www.EpilepsyCalifornia.org)

**Access to Epilepsy Medication and Treatment** - It is essential for all people with epilepsy to have ready access to quality care that appropriately suits their individual needs. EPILEPSY CALIFORNIA must ensure a full range of medication and treatment types are available to those that require any level of care.

**Patient Protection** - To help prevent breakthrough seizures, EPILEPSY CALIFORNIA strongly encourages notification and informed consent of both patient and physicians before changing or replacing a patient's medication in any way. Antiepileptic drugs (AEDs) are very precise and establish a delicate balance for each individual with epilepsy. Any slight change to medications can cause breakthrough seizures. Because the therapeutic window is often very narrow for people with epilepsy it is critical that each individual have access to the medication that provides the best outcome for them.

*To further protect patients, EPILEPSY CALIFORNIA also encourages physicians to ensure that medications are dispensed as written by hand-writing their initials in the "Do Not Substitute" box or hand-writing "Do Not Substitute" on written prescriptions.*

**Access to Seizure Rescue Medications** - Individuals with prolonged or clustered seizures sometimes are prescribed an emergency seizure rescue medication to be administered by a caretaker. Current state laws and regulations are not consistent and prevent children in schools and adults in residential care facilities from receiving the medication. EPILEPSY CALIFORNIA seeks to work with State education and health groups to develop a lifesaving plan that will support our students and our resident adults.

**Driving Laws** - Due to the varied nature of epilepsy, Epilepsy California opposes across-the-board seizure free requirements, and endorses individualized evaluations of one's ability to drive. California remains one of only six states that currently requires mandatory physician reporting. EPILEPSY CALIFORNIA will continue to support efforts to change state laws or regulation to reverse mandatory physician reporting.

**Civil Rights** - EPILEPSY CALIFORNIA promotes the expansion of civil rights laws to ensure that people with epilepsy have essential protections from discrimination based on disability in any part of life, especially in the workplace.