

REFERRAL FROM YOUR DOCTOR'S OFFICE

The Epilepsy Foundation of San Diego County offers:

Referral to



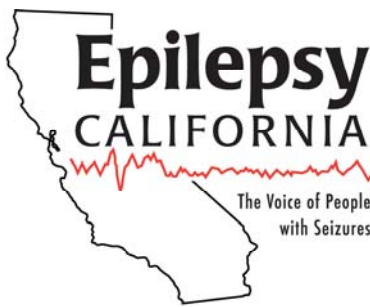
(619) 296-0161 or
www.epilepsysandiego.org

Follow-up Appointment

Other:

- Information, referral, helpline
- Educational and support groups
- Counseling services for individuals and families
- Summer camp program for kids and teens with epilepsy
- Monthly family social activities
- Epilepsy Education Conferences for patients and professionals
- 'Seizure Recognition and First Aid' trainings and presentations
- School site trainings (ie school nurses, teachers, students)
- Epilepsy ID bracelets/necklaces
- Newsletter 'Epilepsy Exchange'
- Academic Scholarships
- The Epilepsy Foundation of San Diego County collaborates with the other Epilepsy Foundations in California for statewide advocacy initiatives under EPILEPSY CALIFORNIA (see over)

Your physician is proud to partner with the Epilepsy Foundation of San Diego County to help you obtain epilepsy education, resources and services, connect you with others, and aid in your quest for a better life.



Important Policy Issues

www.EpilepsyCalifornia.org

Access to Epilepsy Medication and Treatment - It is essential for all people with epilepsy to have ready access to quality care that appropriately suits their individual needs. EPILEPSY CALIFORNIA must ensure a full range of medication and treatment types are available to those that require any level of care.

Patient Protection - To help prevent breakthrough seizures, EPILEPSY CALIFORNIA strongly encourages notification and informed consent of both patient and physicians before changing or replacing a patient's medication in any way. Antiepileptic drugs (AEDs) are very precise and establish a delicate balance for each individual with epilepsy. Any slight change to medications can cause breakthrough seizures. Because the therapeutic window is often very narrow for people with epilepsy it is critical that each individual have access to the medication that provides the best outcome for them.

To further protect patients, EPILEPSY CALIFORNIA also encourages physicians to ensure that medications are dispensed as written by hand-writing their initials in the "Do Not Substitute" box or hand-writing "Do Not Substitute" on written prescriptions.

Access to Seizure Rescue Medications - Individuals with prolonged or clustered seizures sometimes are prescribed an emergency seizure rescue medication to be administered by a caretaker. Current state laws and regulations are not consistent and prevent children in schools and adults in residential care facilities from receiving the medication. EPILEPSY CALIFORNIA seeks to work with State education and health groups to develop a lifesaving plan that will support our students and our resident adults.

Driving Laws - Due to the varied nature of epilepsy, Epilepsy California opposes across-the-board seizure free requirements, and endorses individualized evaluations of one's ability to drive. California remains one of only six states that currently requires mandatory physician reporting. EPILEPSY CALIFORNIA will continue to support efforts to change state laws or regulation to reverse mandatory physician reporting.

Civil Rights - EPILEPSY CALIFORNIA promotes the expansion of civil rights laws to ensure that people with epilepsy have essential protections from discrimination based on disability in any part of life, especially in the workplace.